

Andrey & me

PATTERNS

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The Keira Cardigan

Pattern 004

The KEIRA Cardigan

Have you been looking for the perfect chic little cardigan to go with most of your outfits?

Well, look no further! This cosy lady is a true allrounder.

KEIRA is incredibly comfy with a wide cut around the bodice and snug sleeves for an elegant, feminine silhouette. The minimalist design will allow you to go wild with adding your own touches. Add a binding for a sleek finish or play around with decorative trim to add fun details.

Made in a warm wool or knit fabric it will be the perfect companion for cold winter days.

Use a lightweight jersey and it will be perfect for layering in the warmer seasons. And if you don't want to go without it in summer, whip one up in a breezy chiffon!

For more information and instructions on sewing variations of this pattern, visit www.thisblogisnotforyou.com.

Before You Start

- Before printing the pattern and cutting your fabric, make sure you have read *all of the instructions*.
- Prewash and dry your fabric before you cut it. Some fabrics shrink when they are washed. And you surely don't want the shrinkage to happen after you finished your garment.
- Make sure you transfer all of the important marks onto your fabric before you remove the pattern pieces. You can mark any notches with short clips. Darts and lines are transferred best with tailor's tacks or basting (temporary stitches which can be removed after sewing).
- A seam allowance of 1.5cm (5/8") is already included in all pattern pieces.

Recommended Fabric for the KEIRA Cardigan:

Light and medium weight knit fabrics, doublesided wool or jersey fabrics with at least a two-way stretch.

Please consider that fabric requirement and layplan are calculated for fabric with a crosswise stretch.

Notions

- Matching thread
- Ribbon or elastic to stabilize shoulder seams
- Hand sewing needle
- Ballpoint stretch sewing machine needles (e.g. Jersey or knit fabrics)

Optional:

- 3,5m of decorative trim, stringed sequins or similar

Women's Size chart cm/inches									
UK Size		6	8	10	12	14	16	18	20
EUR Size		32	34	36	38	40	42	44	46
US Size		2	4	6	8	10	12	14	16

Bust	cm	76	80	84	88	92	96	100	104
	in	30	31 ½	33	34 ¾	36 ¼	37 ¾	39 ½	41
Waist	cm	60	64	68	72	76	80	84	88
	in	23 ½	25	26 ¾	28 ¼	30	31 ½	33	34 ¾

Fitting Tips

Please note that the sleeves are very close-fitting with very little wearing ease as this pattern is designed for stretch fabrics. If you are not sure whether you'd like more wearing ease or if you fall between sizes, it is always better to go for a bigger size. Taking in a garment is always easier than trying to take out a seam.

Depending on the weight and the stretch of your fabric, you may need to adjust the armhole seam. If you are using a woven fabric or knit fabric with very little stretch, measure the circumference of your upper arm right above your elbow and check against the measurements of the pattern size you plan to use. Transfer necessary changes onto the paper pattern before cutting your fabric.

Preparing the Pattern

Printing

Before printing the complete pattern, please print the page with the **Test Square** first and measure if the sizing (4"/10.2cm) is correct to make sure you are printing to scale.

It is also important that your printing program is set to "Actual Size". Do not scale the pattern (e.g. "Fit to Page") as this will affect the sizing.

Assembling

Trim the right and bottom edge of the paper off, cutting on the lines.

Match the numbered notches on the pattern sheets, aligning the grid lines.

Tape/glue the sheets together and cut out the pattern (seam allowance is included).

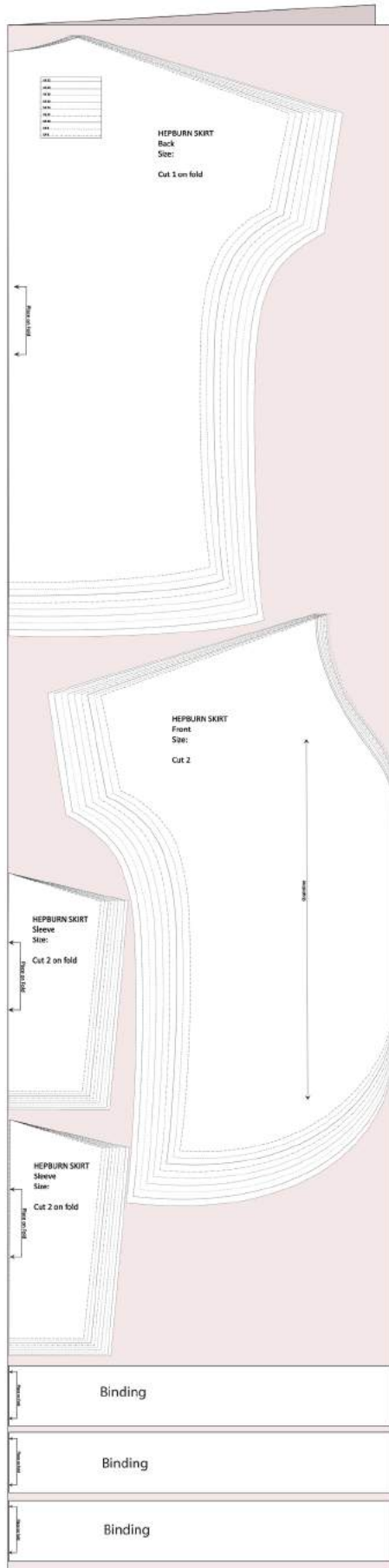
NB: To save paper waste, the pattern for the binding is not included in the PDF. The rectangular strips can be drawn directly onto the fabric as shown in the layplan.

Layplans & Fabric Requirements

114cm (45'') - All Sizes:

2.30m / 2.5yrd

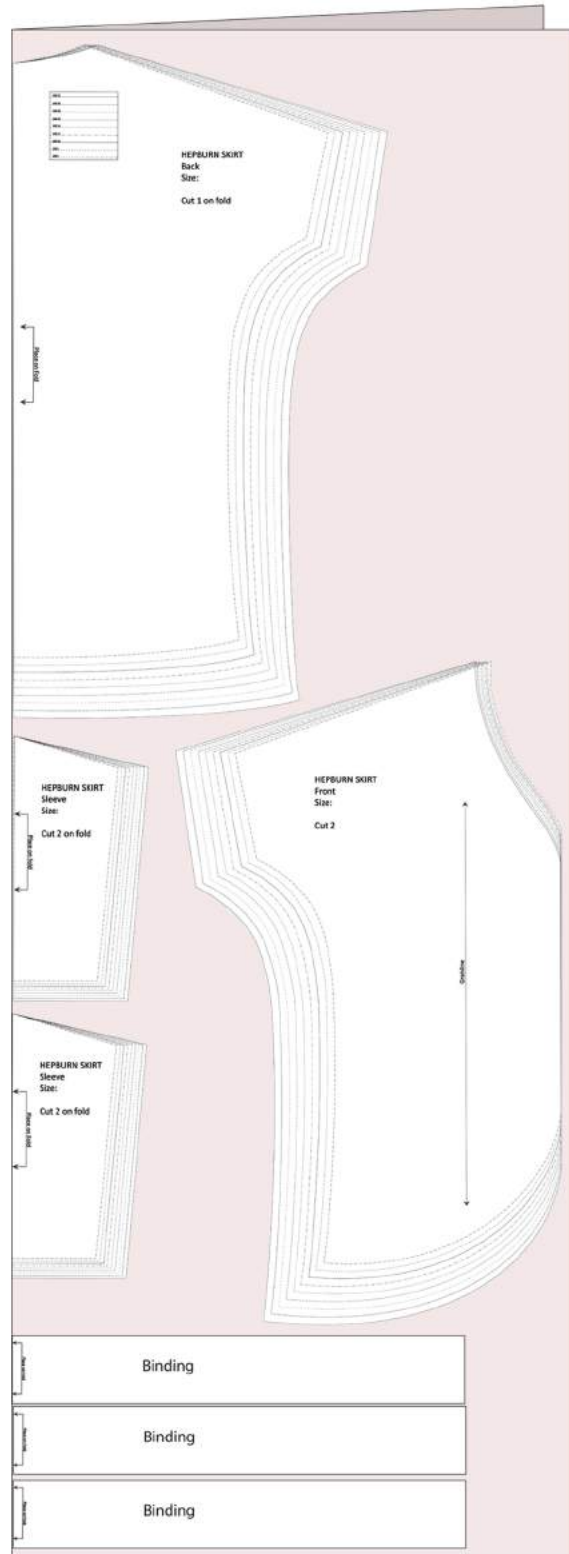
2.0m / 2.2yrd (without binding)



150cm (60') - All Sizes:

2.0m / 2.2yrd

1.75m / 1.9yrd (without binding)



Sewing Instructions

1. Joining the front and back & reinforcing the shoulder seams:



With right sides together pin the front and back pieces at the shoulder seams.

Cut a piece of narrow ribbon or clear elastic the length of the shoulder seam.



Use a measuring tape to measure 1.5cm from the edge and pin the ribbon in place.



Stitch in place with a narrow zigzag stitch.

For heavier fabrics, to reduce bulk, trim away one layer of seam allowance before finishing the raw edge.

Finish the seam by overlocking or zigzag stitching and press to the back.

2. Attaching the sleeves:



Open up making sure the shoulder seam lies flat, pressed to the back.

With right sides together, place sleeve pieces onto front and back at the armhole seam.

Mark the centre of your sleeve piece with a pin and pin onto the shoulder seam.



Pin one side of the sleeve to the front first.



Then pin the other side to the back.

Stitch in place.



As before, to reduce bulk, trim away one layer of seam allowance.



Overlock catching both layers.

Alternatively, if your fabric doesn't fray much, you can press the seam open.



With right sides together, place front onto back again, making sure the armhole seams match up at the seamline.



Stitch in place. Finish the raw edge before pressing the seam to the back.

4. Assembling & attaching the binding:



Depending on the size you cut out, you will need between 3.1 - 3.5m of binding. To determine the exact length you need, measure around the raw edge of neckline, centre front and bottom.



The binding strip will need to be 9cm wide (or 7.5cm if you want to trim off the seam allowance on one side to reduce bulk, leaving a visible overlocked edge - see second to last image). You might have to cut several strips and join them together so leave a bit of extra length for extra seam allowance.



Join the strips by placing them right sides together. Pin, then stitch in place. Press seams open.

Don't get confused with the right and left fabric sides shown in the images. I used the left side as right side to create a contrasting binding.



Mark the centre back and start pinning the binding to the raw edge right sides together. Leave at least 1.5cm so you have some seam allowance to join the ends of the strip once you stitched the binding in place.



Pin the binding to the raw edge all the way around until you reach the centre back again.



Stitch in place starting and ending at the centre back.

Pin the ends of the binding strip right sides together. Stitch and then trim away the excess leaving 1.5cm seam allowance.



Press open.



Trim away one layer of seam allowance to reduce bulk. Press the binding open, away from the front and back pieces, pressing the seam allowance down.



If you are using bulky fabric, I recommend trimming away the seam allowance on the other edge of the binding. You can simply overlock the edge to give it a more polished look.

Alternatively, you can fold over the edge by 1.5cm and press. The edge won't be on show, but the seam will be much thicker.



In this example, I trimmed away the seam allowance. Fold the binding over and pin in place.

Sew together with a handsewing needle or, when using your machine, stitch in the ditch so the seam won't be visible from the outer side of your cardigan. Press.

5. Hem the sleeves:



Now all that's left to do is to hem the sleeves.

Finish the raw edge on fraying fabrics, turn sleeve left side out and fold edge over by 1.5cm. Stitch in place using a twin needle or zigzag stitch.

Give it a finishing press!

Another finishing option:

This is a much quicker way to construct your KEIRA cardigan (and it uses up less fabric)!



Instead of adding a binding to finish the raw edges you can add some decorative trim.

Overlock or zigzag all the way around the raw edge. Cover the stitching with decorative trim, e.g. stringed sequins, pompom trim, etc. Get wild!

Voilà! You're done!

For further information on sewing variations of the cardigan, e.g. adding a waterfall collar or using woven fabrics, check out my blog for future sew-alongs and tutorials for this pattern.



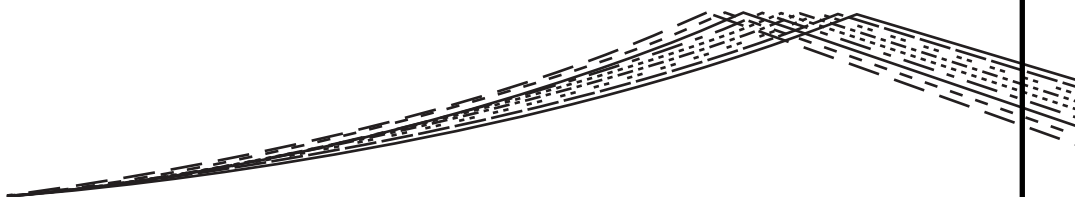
I hope you enjoyed sewing with my pattern and you are pleased with your new make. If you appreciated this pattern and would love to support my work, you can make a small donation using the 'Donate' button on my blog.

Happy Sewing! ♥

Test Square

**10.2 cm
4 inch**

**Print this page and measure to ensure you
are printing to scale.**



1



UK 22

UK 20

UK 18

UK 16

UK 14

UK 12

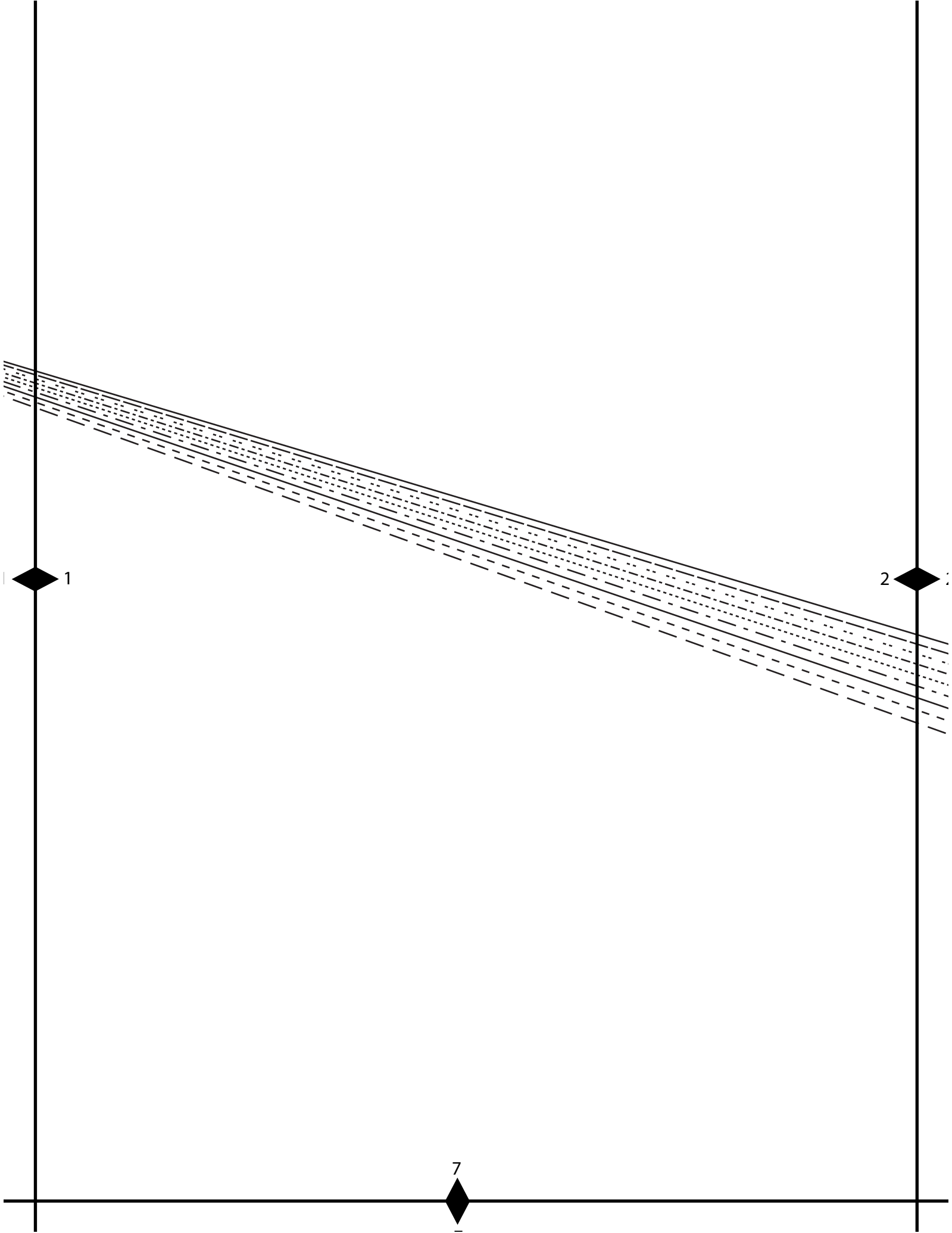
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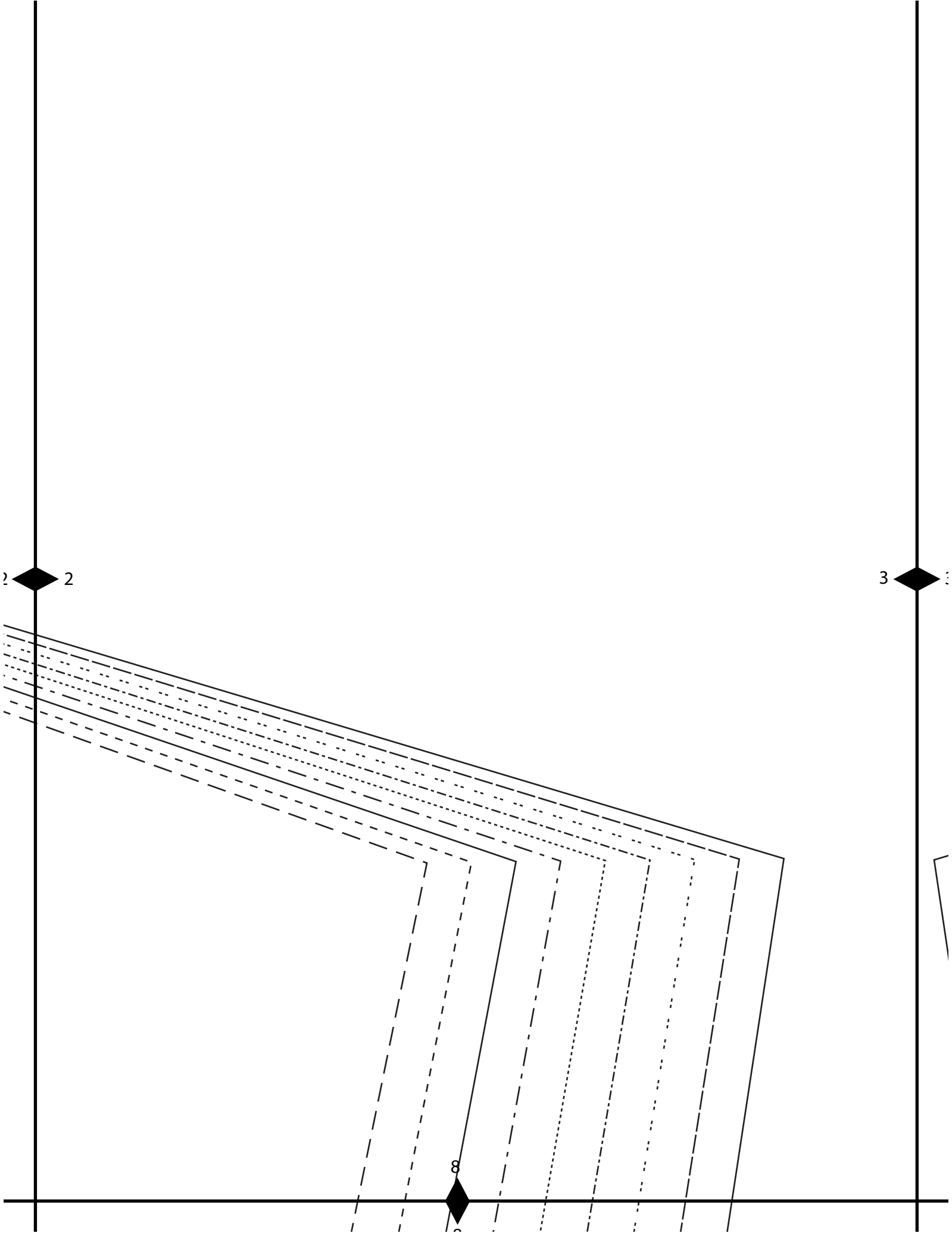
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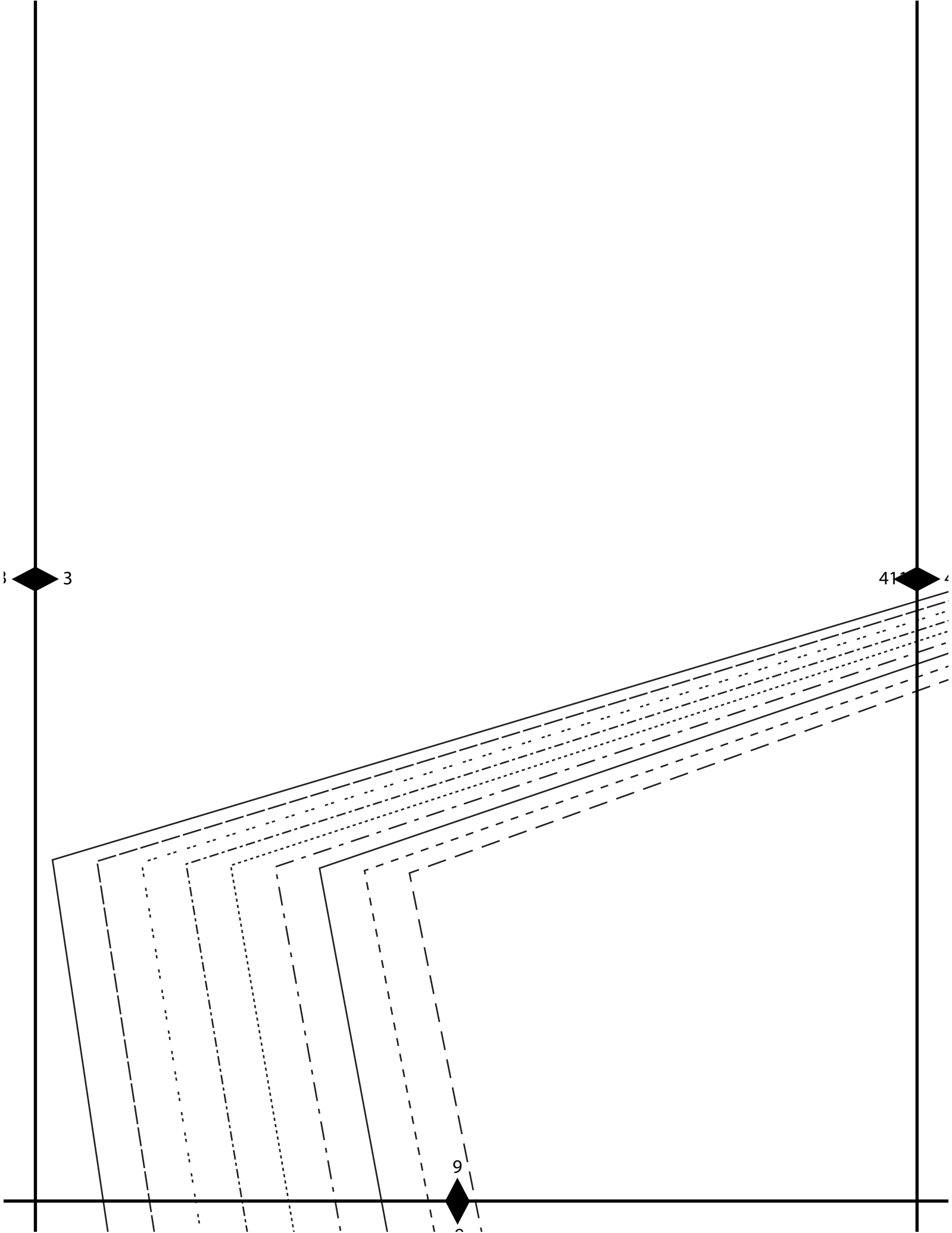
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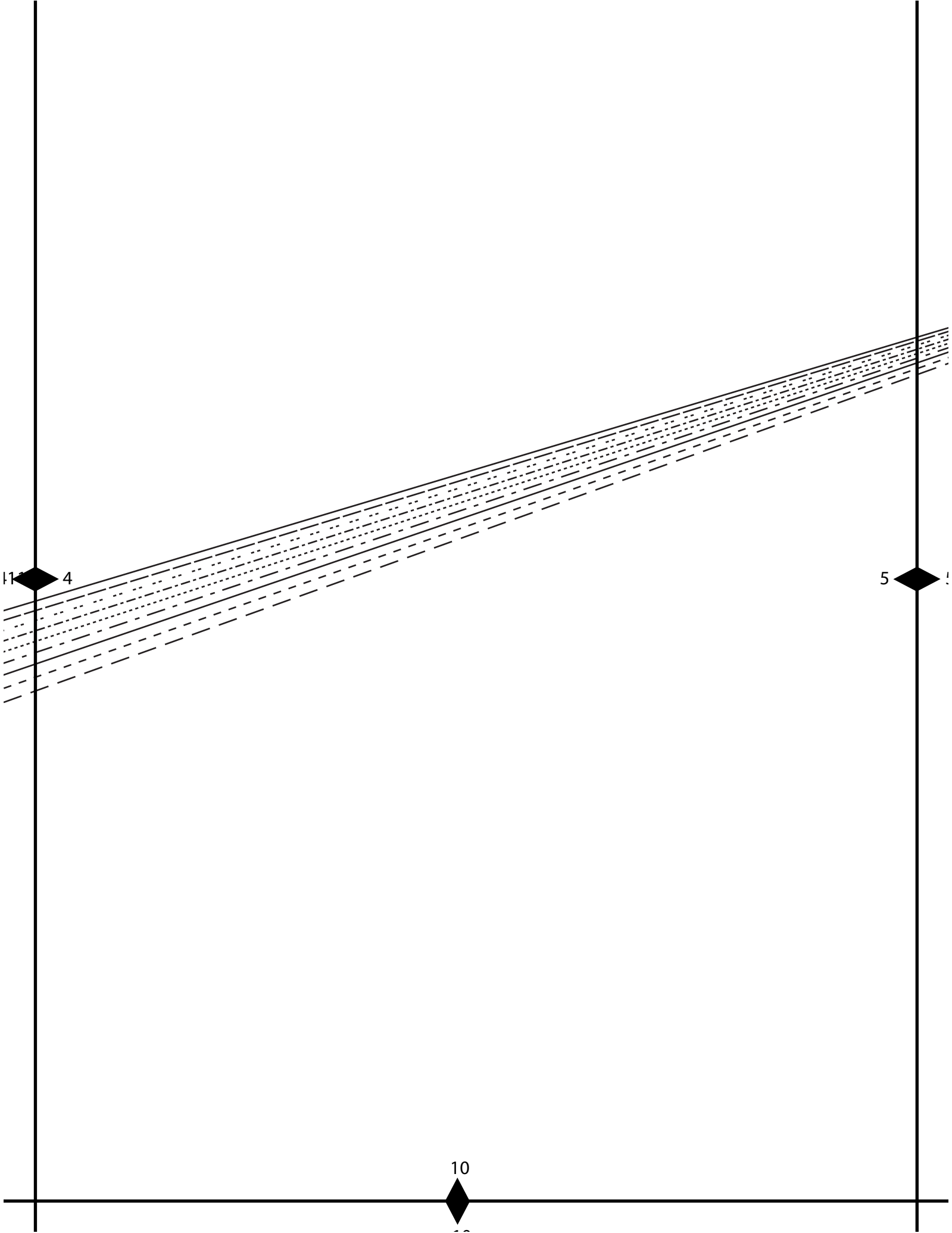
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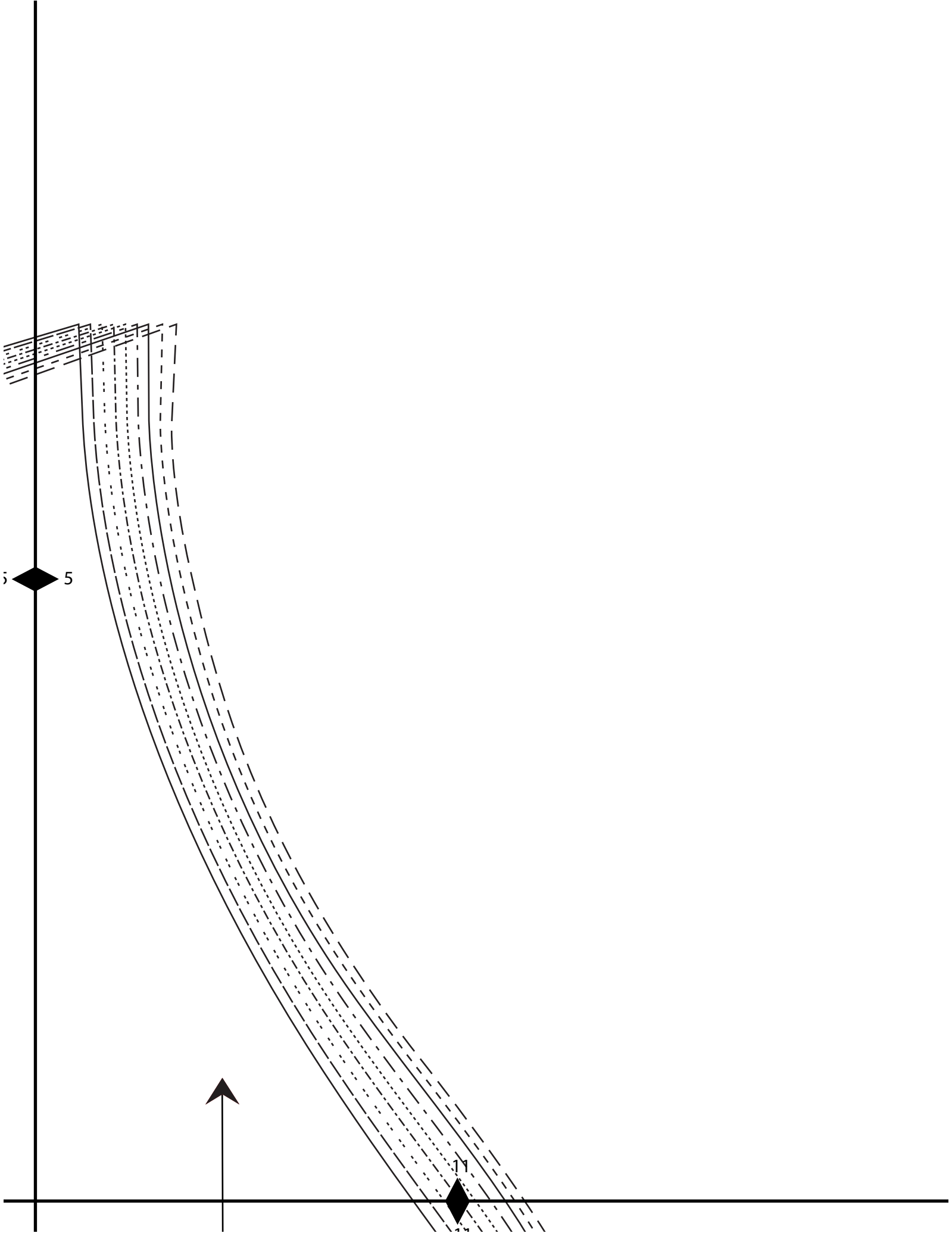


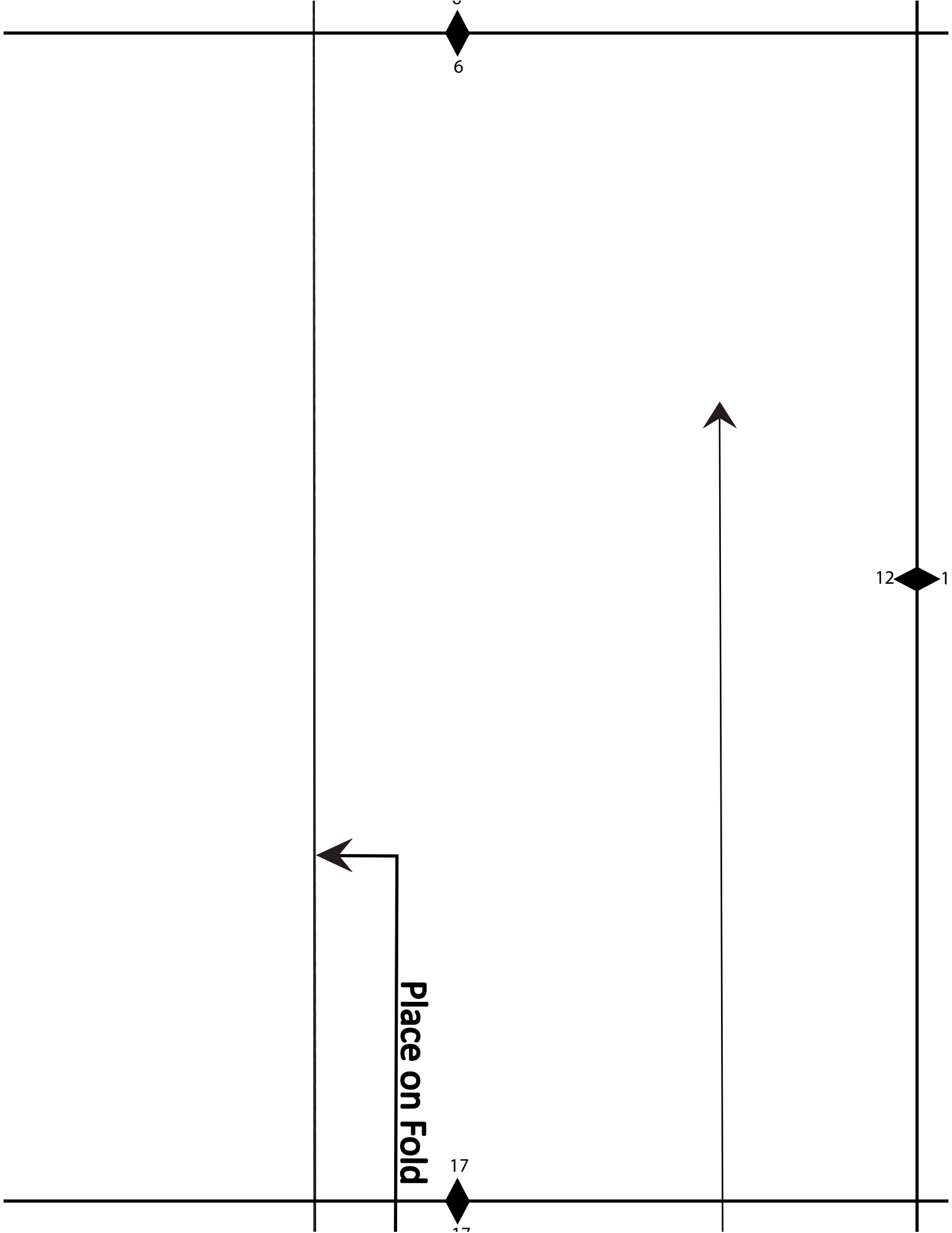












7

Keira Cardigan

Back

Size:

Cut 1 on fold

2 12

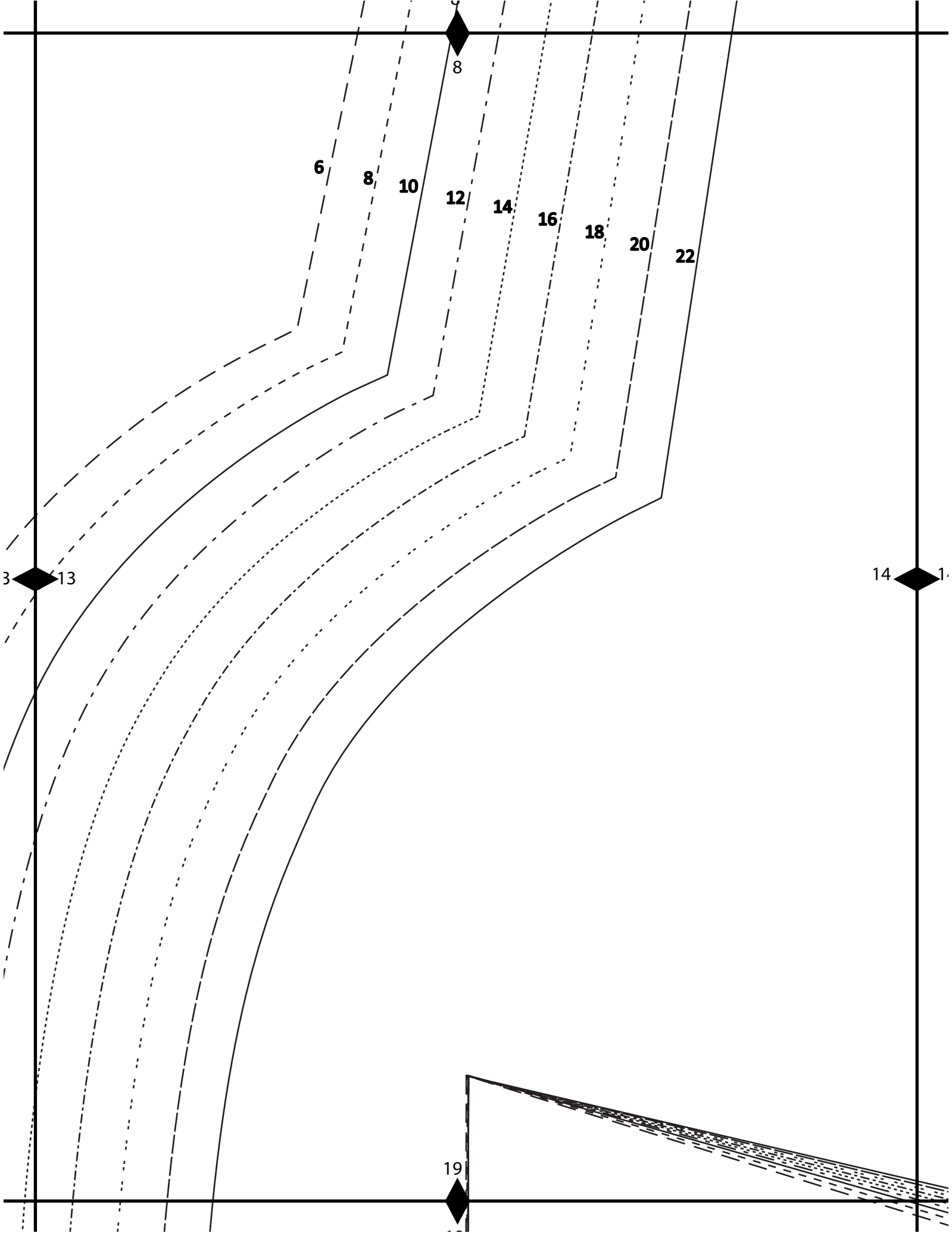
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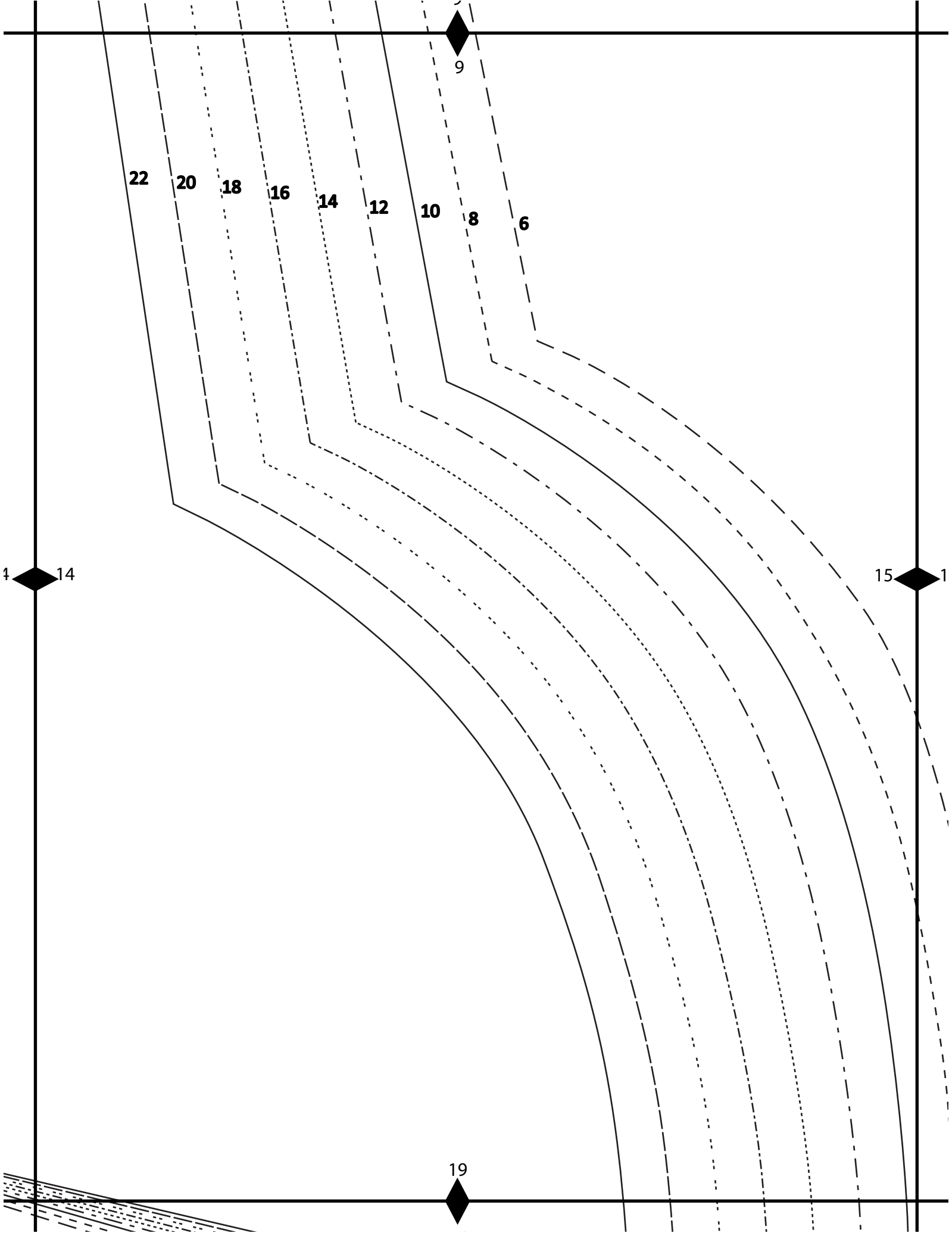
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Keira Cardigan

Front

Size:

Cut 2

5 15

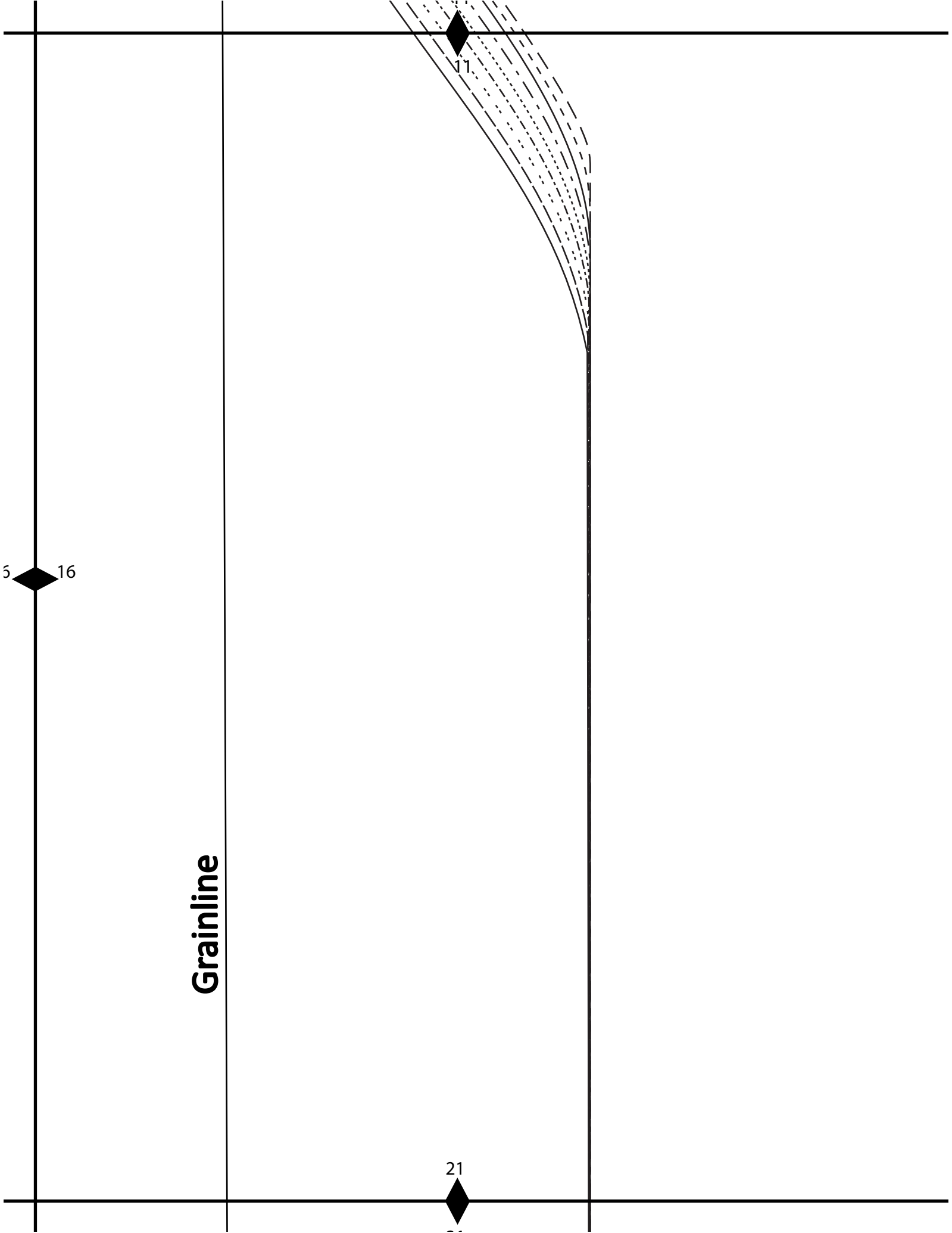
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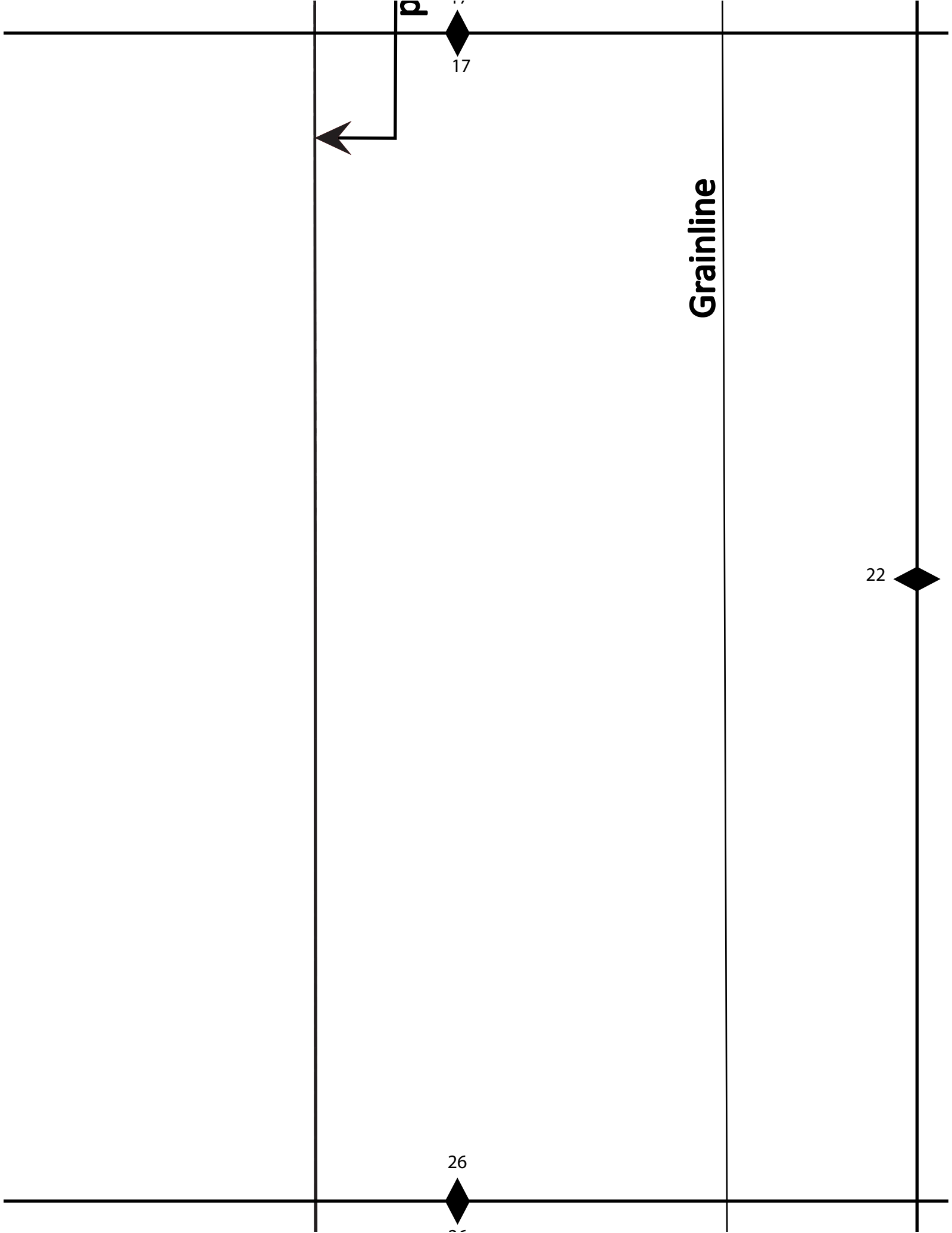
Audrey & me

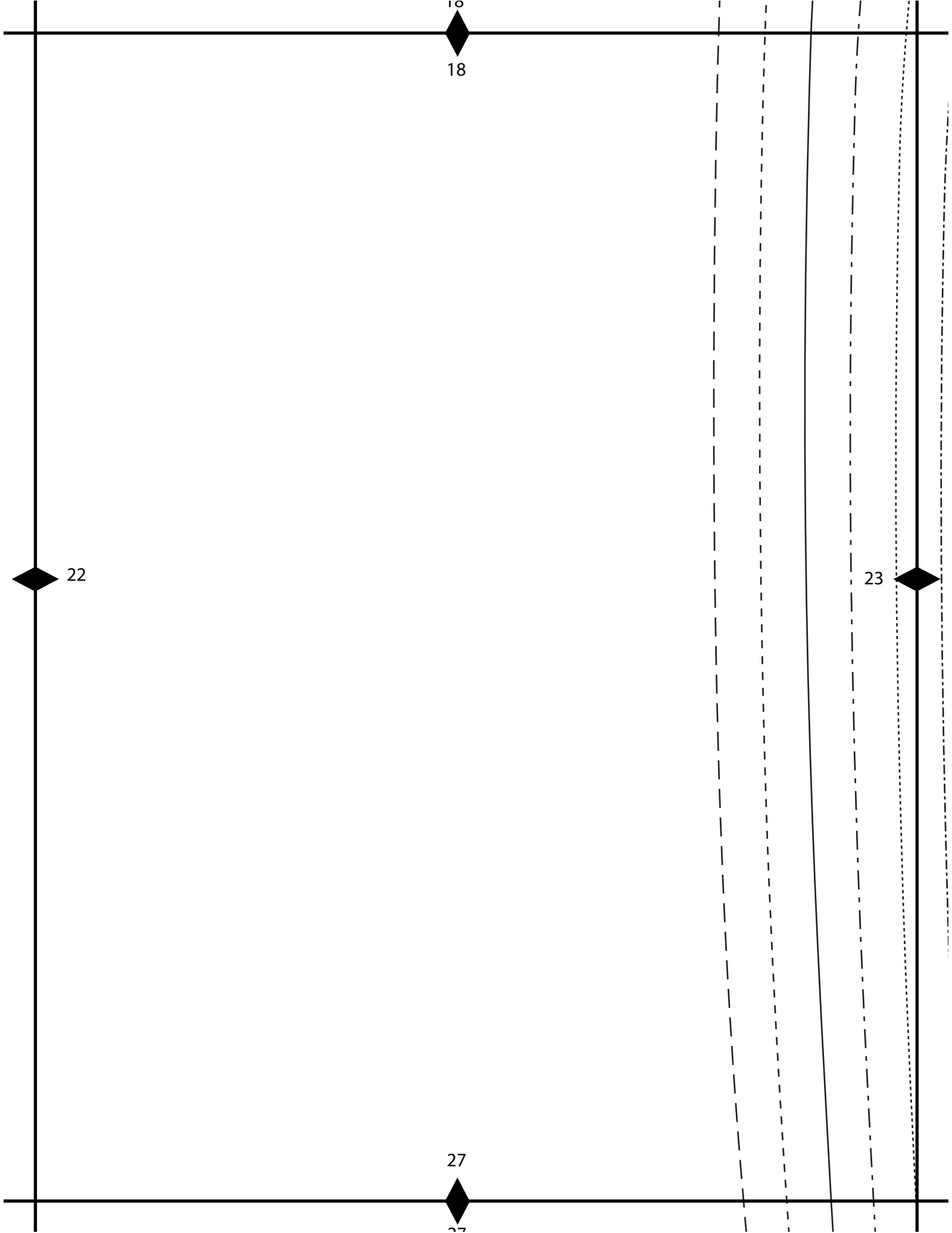
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Place on Fold

Grainline

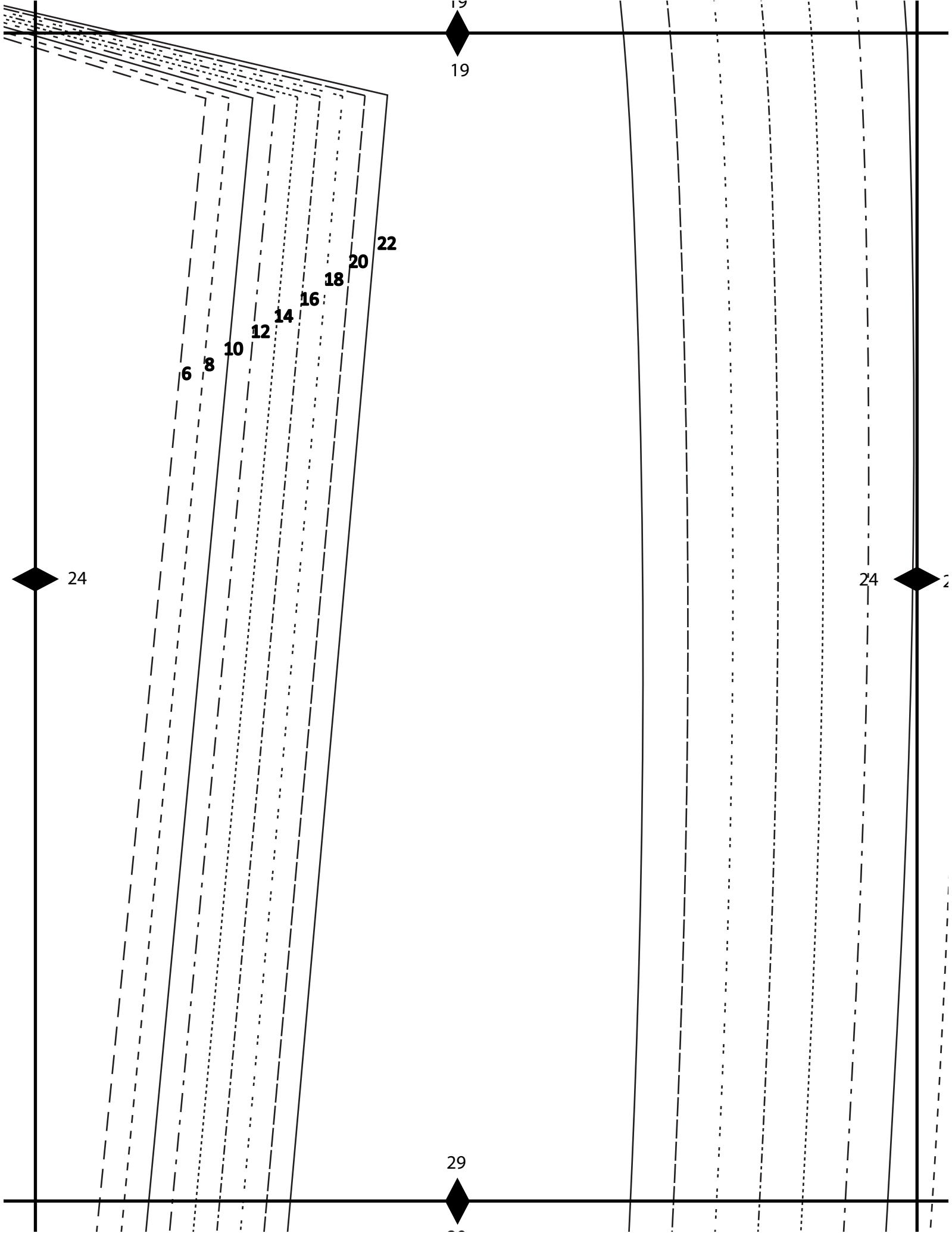
**Keira Cardigan
Sleeve
Size:**

19

23

24

28



19

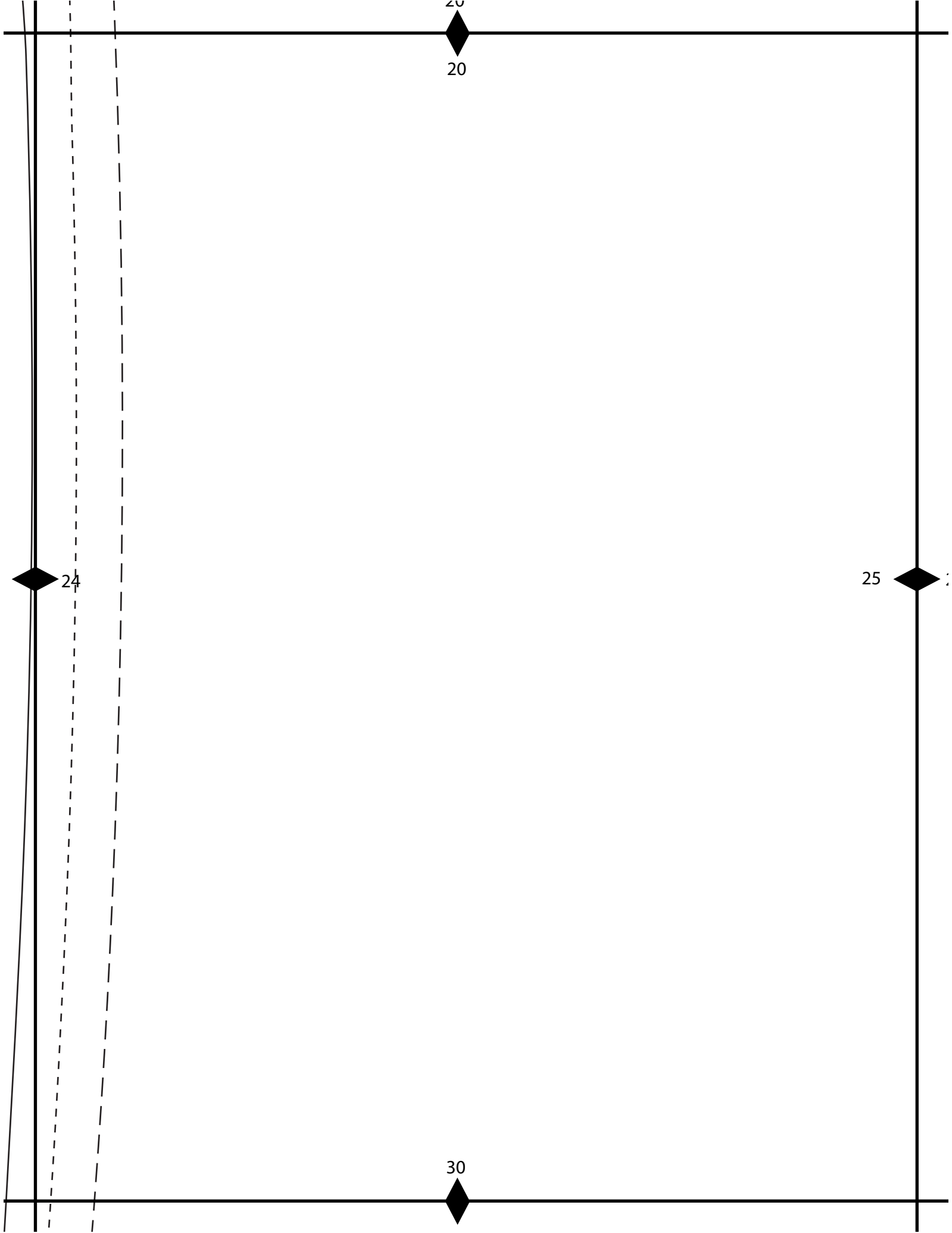
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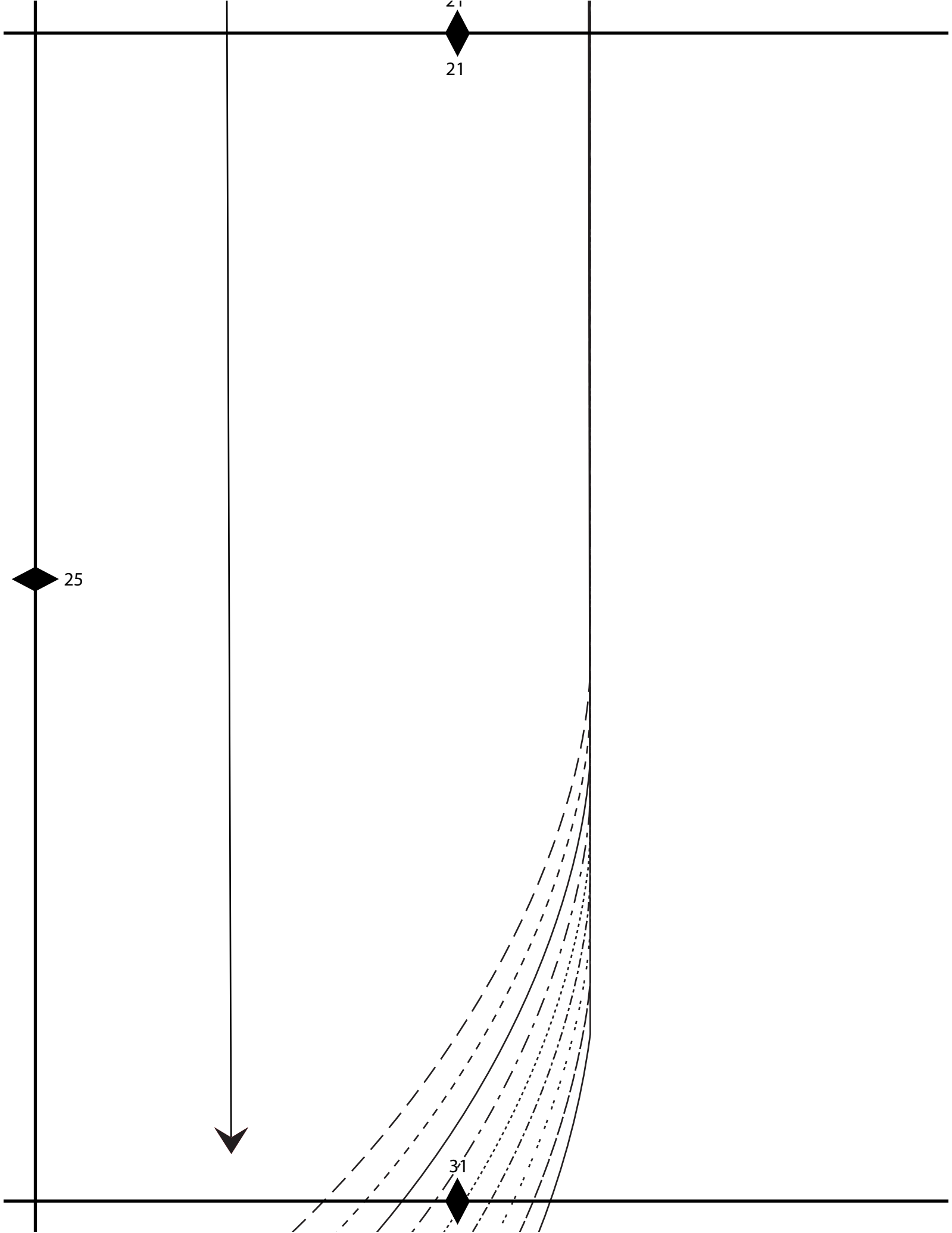
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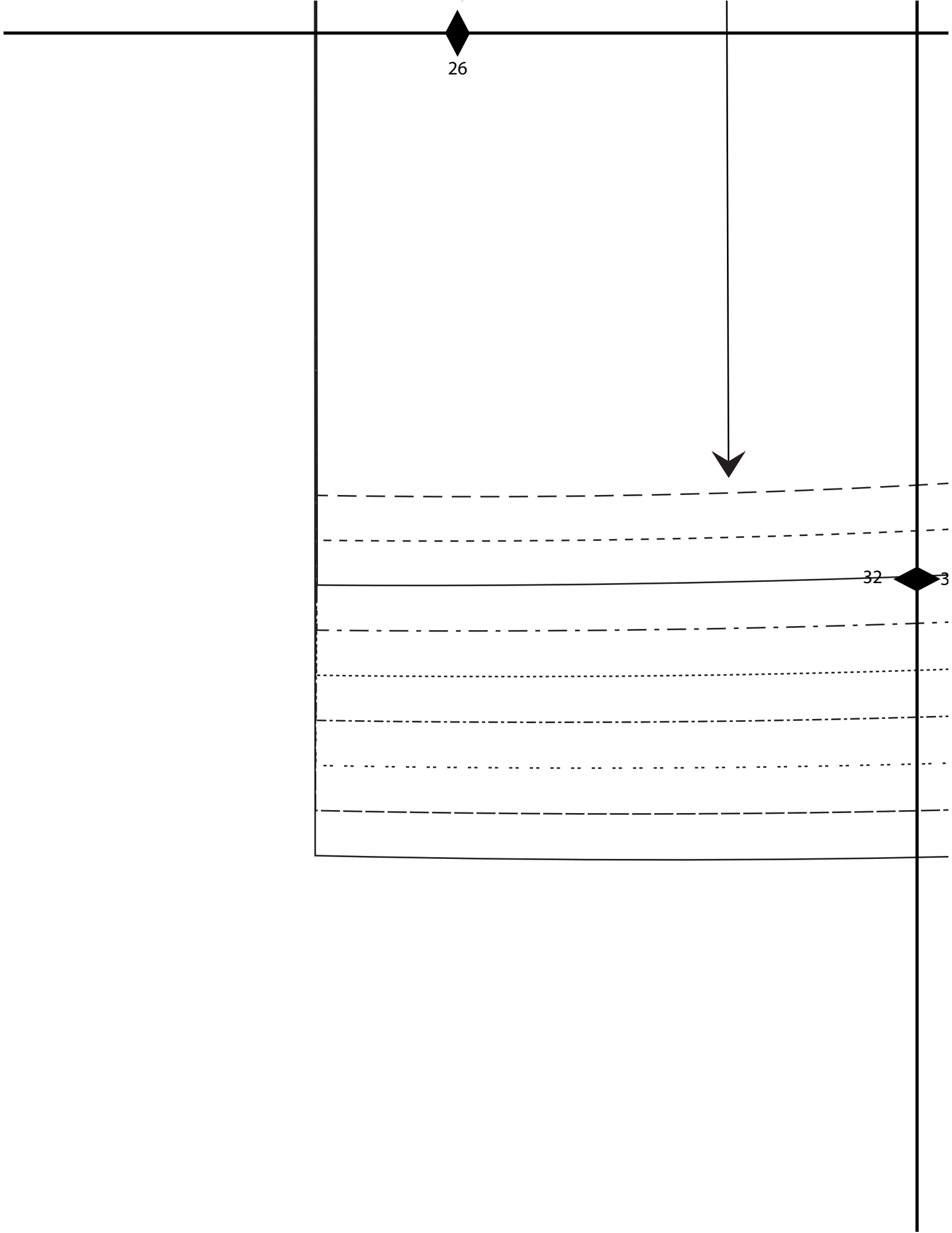
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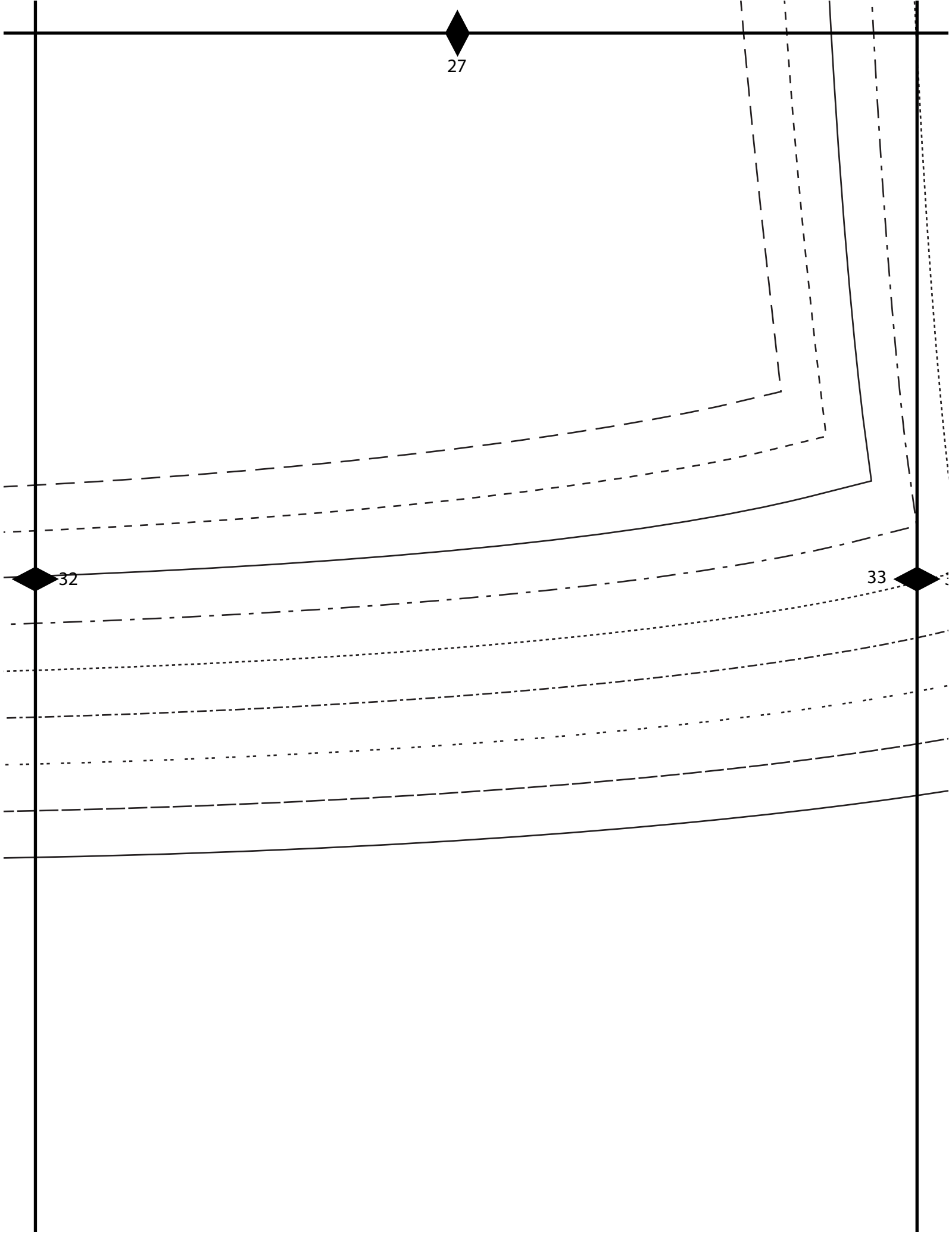
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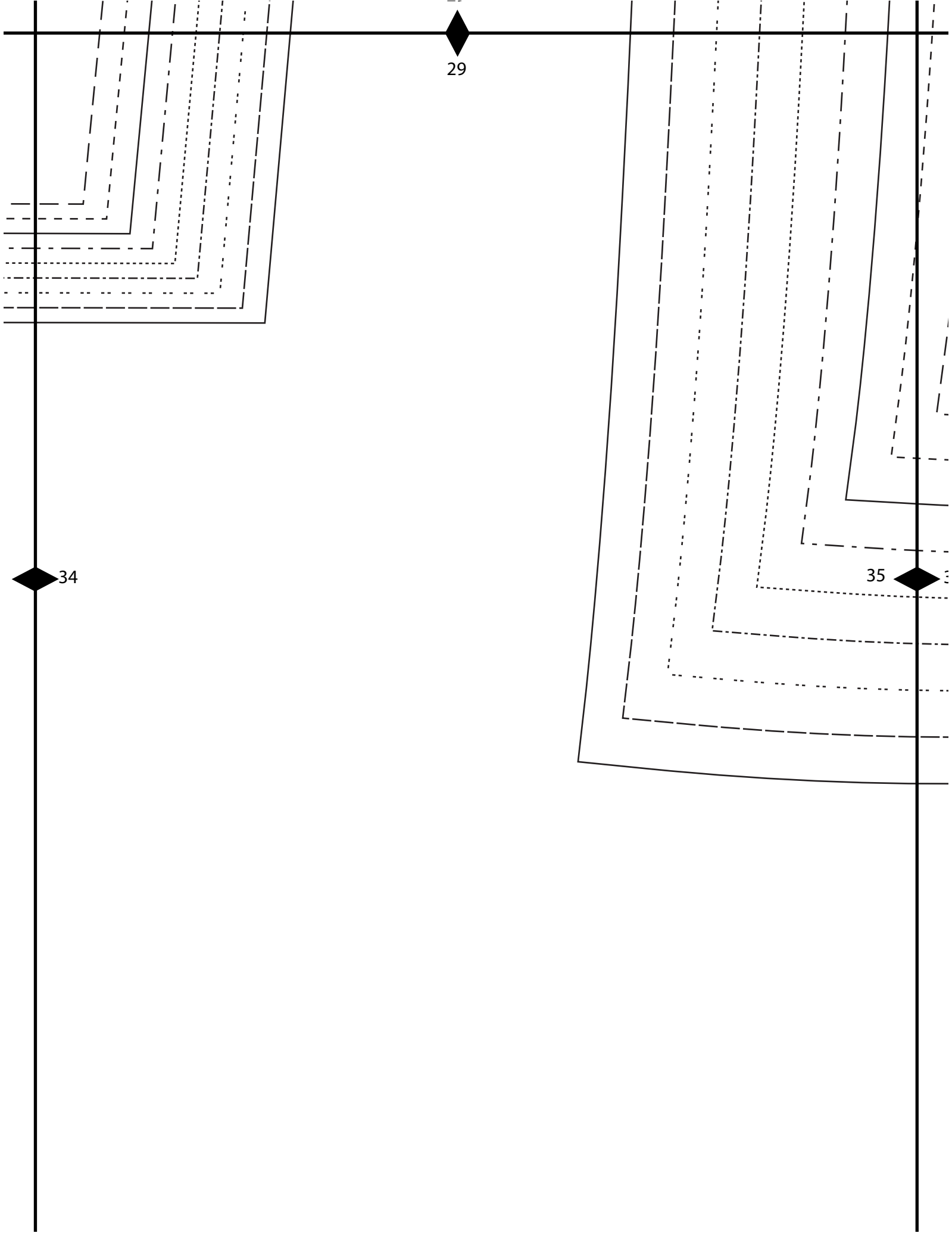
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Cut 2 on fold

34

3

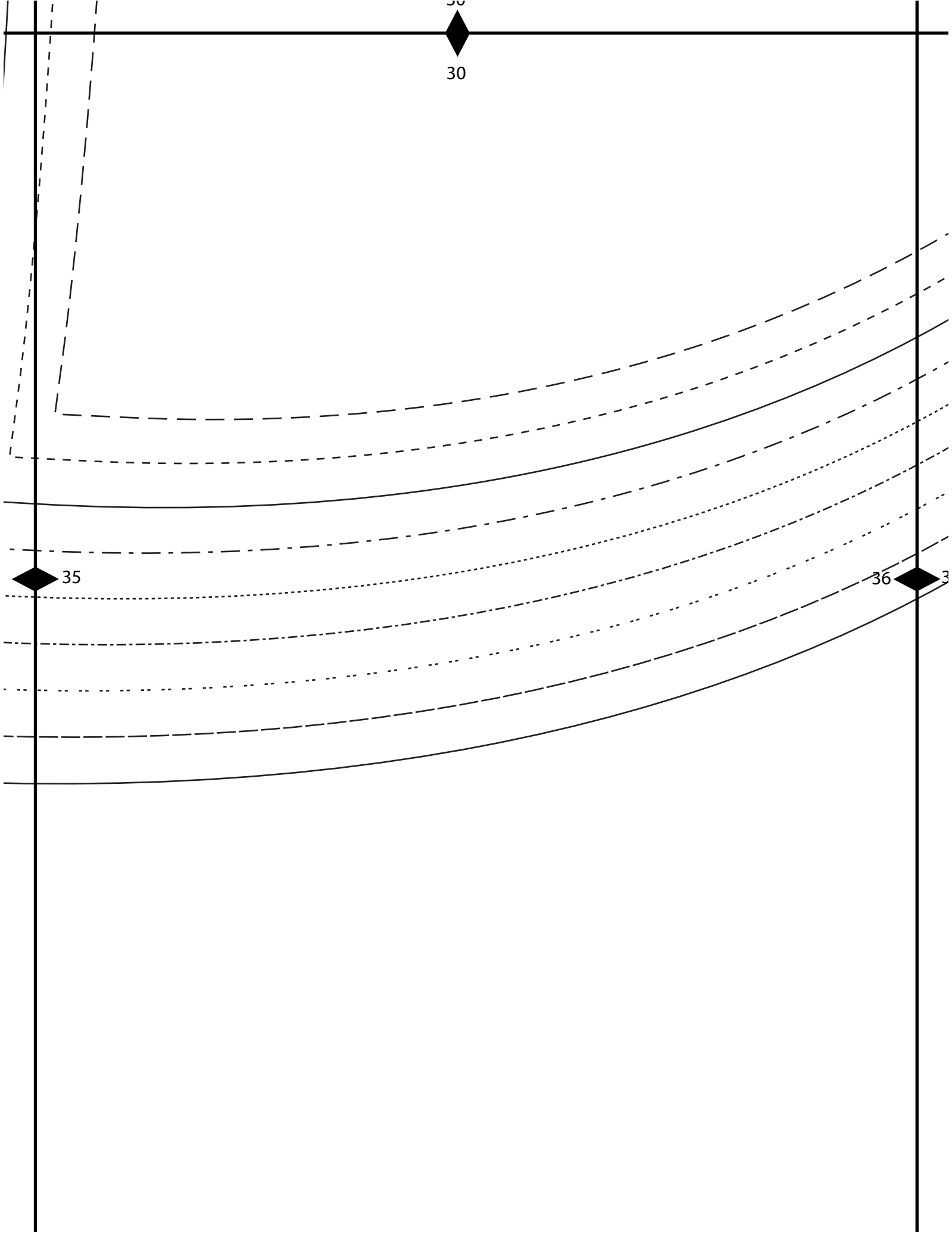
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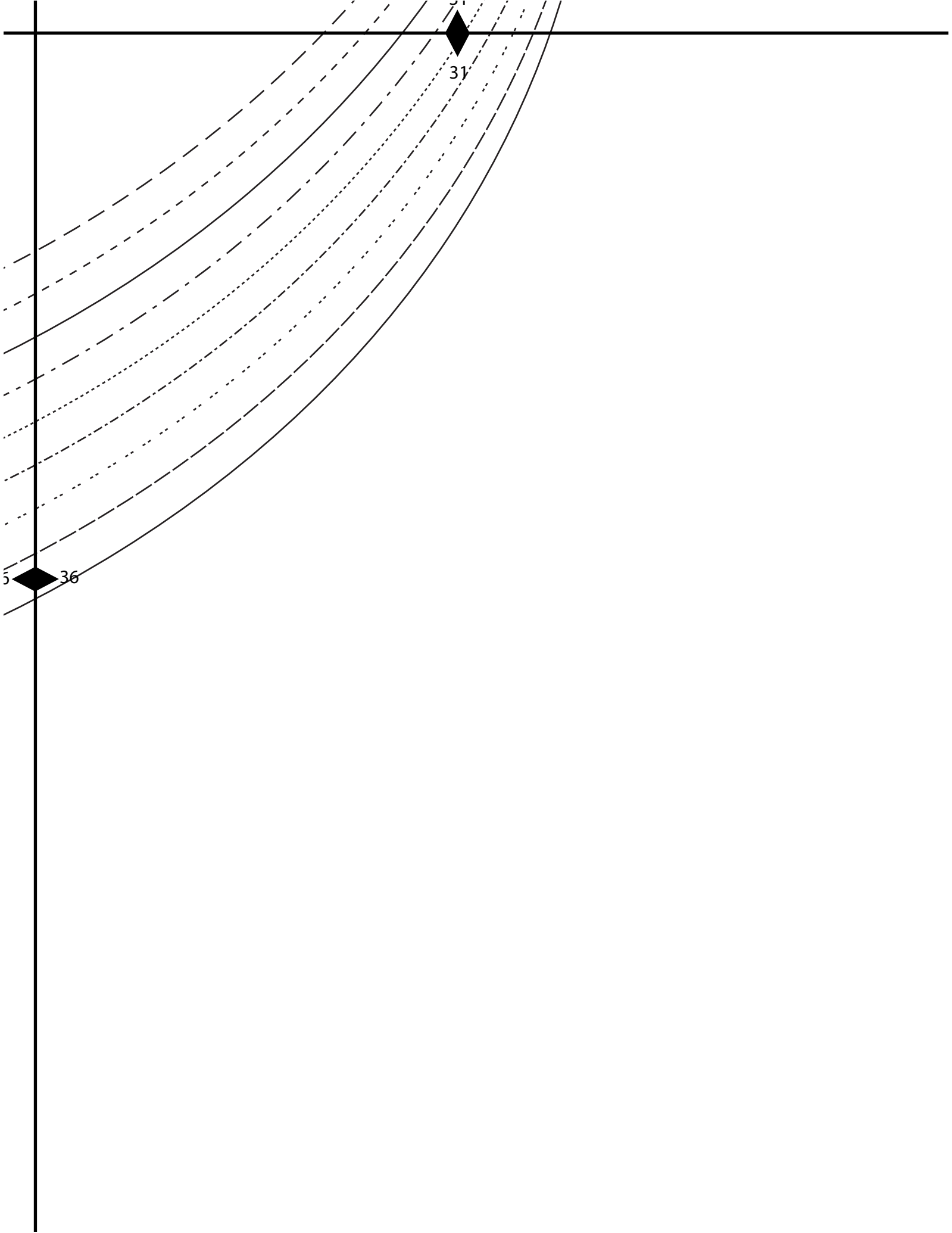


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35





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